

FREE



BEYOND-NUTRITION.COM

CATALOGUE 2025



**YOUR LIFE,
REPOWERED.**



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BRAND PHILOSOPHY

TIME TO LIVE

Truly live, each day.

By taking care of our bodies and minds and fighting aging factors, we aim to increase quality and quantity of time.

Beyond Nutrition supports people who fully live in active pursuit of their visions in daily life, work and sports.



NATURAL



GMO FREE



MADE IN EU



DESIGNED IN
LUXEMBOURG



SINCE 2017

A SCIENTIFIC APPROACH

Longevity science has come a long way. Many natural nutrients show high promise in positively affecting our wellbeing and longevity goals.

That is why we study the latest research and derive concepts from nature as well as other sources to carefully develop and upgrade our products.

Our mission is to pioneer nutritional wellbeing by providing people with the greatest possible benefits – based on the latest scientific findings and safe products.

FOLLOWING NATURE'S EXAMPLE

Nature has perfected the art of combining various nutrients and their phytochemicals in a way that maximizes their bioavailability and synergistic effects.

We mirror this naturally brilliant concept by combining various nutrients and adaptogens in our formulas.

By applying what nature has shown us, we create highly bioavailable, synergistic and impactful products.

"Each product delivers clear added value and is designed to support performance, health and longevity."

– Yves Schmit, Original Founder





VITALITY

DAY SUPPORT

Energize Body and Mind ^(2,4,6,7,8,9)

Longevity Foundations ^(1,2,3,4)

Cell Protection ⁽³⁾

Exterior Care ^(1, 5)

Vitality is a choice.

Power your active lifestyle in daily life, work and sports with our first class natural nutrient complex.

Its unique formula with 19 selected ingredients is based on scientific studies and proven efficacy.

A high secondary plant and adaptogen content helps the body adapt to stress and maintain balance.

Micronutrients:

Vitamin C (buffered) 120mg 150% - Vitamin E 5mg 42% - Vitamin D3 20ug (800IE) 400% - Vitamin K2 37,5ug 50% - Vitamin B2 4,2mg 300% - Vitamin B5 18mg 300% - Biotin 150ug 300% - Vitamin B12 12,5ug 500% - Iodine 100ug 66% - Zinc 5mg 50% - Selenium 55ug 100%

Adaptogens and other ingredients:

Maca Extract 300 mg- Hyaluron 240mg - Sophorae Japonica Extract of which 95% Qercetin 210mg - Green Tea Extract of which 50% Polyphenols 200mg - Grape Seed Extract of which 95% OPC 130 mg - Rhodiola Rosea Extract 100mg - Coenzyme Q10 100mg - Black Pepper Extract of which 95% Piperine 2 mg

Summary of all health claims:

Support of the immune system (vitamin C, D3) (3)
Support of muscle function (vitamin D3) (1)
Support of fertility and reproductive capacity (zinc) (2)
Maintenance of nails, hair and skin (zinc) (5)
Promote the maintenance of normal bones (vitamin D3, K2) (1)
Protection against oxidative stress (vitamin E) (3)
Effective as a prevention against fatigue (vitamin C, B12) (9)
Support of normal energy metabolism (vitamin B2) (4)
Support of normal cell division (zinc) (3)
Support of the functioning of the nervous system (vitamin B2, B12)
Supports normal red blood cell formation (vitamin B12) (3)
Support of collagen formation (vitamin C) (5)
Helps maintain natural sexual activity and energy (Maca) (8)*
May support mental and cognitive activity (Rhodiola Rosea) (6)*
May contribute to overall vitality and energy (Ginger) (7)*

Beyond Vitality supports a variety of your body functions and metabolic processes for energy, focus and cell protection in everyday life. All of the health benefits mentioned are recognized throughout Europe and scientifically proven in accordance with the European "Health Claims" regulation.

*The health claims on phytonutrients refer to the EFSA "Botanicals On-hold" list which is tolerated in several EU countries.



RECOVERY

NIGHT SUPPORT

Physical & Mental Recovery ^(1,2,5)

Longevity Foundations ^(1,2,3)

Cell Recycling ^(3,4)

Metabolic & Hormonal Balance ^(3,4)

Rest is more important than most people recognize.

At night, various hormones are at work, muscles and cells are repaired.

Our brain and body regenerate.

Better days start with better nights.

Micronutrients:

Magnesium from Oxide and Taurate 200mg
55% - Natural Vitamin C 15mg 18% - Zinc
bisglycinate 12,5mg 125% - Vitamin B6 1,4mg
100% - Vitamin B9 200ug 100%

Adaptogens and other ingredients:

L-Tryptophan 500mg - Chamomile extract of
which 10% Apigenin 450mg - Ashwagandha
extract (KSM66*) of which 5% Withanolide
400mg - Taurine 260mg - Black Pepper Extract
of which 95% Piperine 2mg

Summary of all health claims:

Vitamin B6 contributes to the normal functioning of the nervous system. [1]
Magnesium contributes to normal muscle function. [2]
Zinc contributes to normal protein synthesis. [2]
Vitamin C supports normal immune system activity. [2]
Folic acid have a function in cell division process and contributes to normal
haematopoiesis. [3]
Vitamin B6 contributes to the regulation of hormonal activity. [4]
Ashwagandha may contribute to emotional and mental balance and physical
wellbeing. [5]*

Beyond Recovery supports a variety of your body functions and metabolic
processes for recovery, mental balance and cell recycling in everyday life.
All of the health benefits mentioned are recognized throughout Europe
and scientifically proven in accordance with the European "Health Claims"
regulation.

*The health claims on phytonutrients refer to the EFSA "Botanicals On-hold"
list. These claims are tolerated in several EU countries.

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MAGNESIUM

HIGH BIOAVAILABILITY FORMULA

Cardiovascular support ^(1, 2)
Muscle & Protein Synthesis ⁽³⁾
Maintains Cellular Energy ⁽⁵⁾
Improves total antioxidant capacity (TAC) ⁽⁶⁾

Magnesium can be described as the king of minerals.

It is a vital and essential mineral that plays a decisive role in many body functions like the nervous system, muscles and electrolyte balance.

Micronutrients:

Magnesium (from malate, taurate, bisglycinate)*
345mg 90% – Potassium citrate 240mg 12%

Other ingredients:

CoEnzyme Q10 50mg

Summary of all recognized European Health Claims:

Magnesium contributes to normal muscle and nervous system function. (2,3)
Magnesium supports protein synthesis (3)
Magnesium contributes to electrolyte balance (1)
Magnesium contributes to normal energy metabolism (5)
Magnesium supports a variety of vital body functions and metabolic processes for performance, mental balance and cellular energy production in everyday life.

All of the health benefits mentioned in (1,2,3,5) are recognized throughout Europe and scientifically proven in accordance with the European "Health Claims" regulation.



CREAPRO

ATP ENERGY, STRENGTH,
MUSCLE BUILDING

Physical performance ⁽¹⁾

Cognitive support ⁽²⁾

Cellular Energy ⁽³⁾

Muscle Building ⁽⁴⁾

Creatine is among the most studied and effective supplements for improving exercise performance. New studies also suggest brain benefits.

Increased adenosine triphosphate (ATP) availability leads to higher output during high-intensity activity.

Micronutrients:

Creatine Monohydrate (200mesh)
3800mg – Magnesium from
Magnesiumtaurate 84mg

Other ingredients:

Taurine 700mg – Black Pepper
Extract of which 95% Piperine 2 mg

Summary of all health claims:

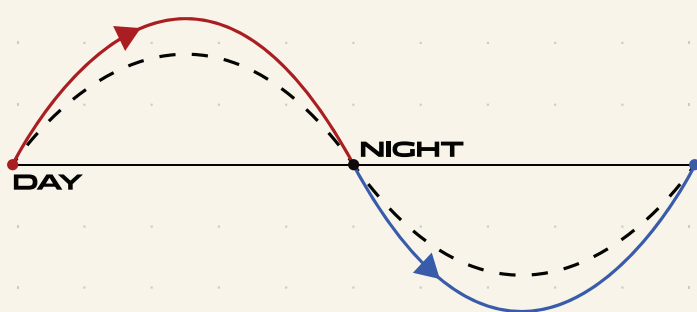
Creatine increases physical performance in successive bursts of short-term, high intensity exercise. (1)
Magnesium supports the normal function of the nervous system. (2,5)
Magnesium contributes to normal energy metabolism. (3,5)
Magnesium supports normal protein synthesis. (4,5)

All of the health benefits mentioned are recognized throughout Europe and scientifically proven in accordance with the European "Health Claims" regulation.

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ACTIVATE YOUR LONGEVITY SUPPORT



Fuel vital days and restful nights, powered by your VITALITY and RECOVERY essential nutrient supplementation.

27
SELECTED
INGREDIENTS

10
VITAMINS

6
MINERALS

3
ADAPTOGENS



**DISCOVER OUR COMPLETE
PRODUCT RANGE ONLINE**





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